

Germs can travel up to 130km per hour **WHEN YOU SNEEZE!**¹



Have you heard of the **SNEEZE EFFECT?**

Flushing the toilet gives rise to clouds of tiny water droplets, which potentially contain micro-organisms associated with urine and faecal matter, thus spreading bacteria and viruses into the air, and infect people in the washroom.³

1 million

Over 1 million bacteria stay alive after a toilet has been flushed!³

7 hours

In just 7 hours, one bacterium can generate 2,097,152 bacteria¹

376 bacteria

A swab test on an office washroom's toilet seat shows a bacteria count of 376 (healthy range: below 200)



Good washroom habits **MINIMISES RISK OF INFECTIONS**

FLUSH the toilet with the lid down after use

USE a toilet seat cleaner before sitting

INSTALL a sanitiser to minimise bacteria and germs



DID YOU KNOW?

Toilet seat and flush buttons are home to bacteria associated with contamination³



30% respondents do not wish to sit on a toilet seat as it might be contaminated²

Toilet seats contain harmful bacteria such as *E-Coli* and *Salmonella*. They cause food poisoning and urinary tract infection³



REMEMBER TO SCENT YOUR WASHROOM

47% of people believe if air smells, it contains large amount of bacteria. Always scent your washroom to keep it smelling fresh!



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References

¹<http://emetophobiarecovery.com/germs-guide-one/>

²Harris Interactive demographic study on hygiene behaviour base on 5,500 respondents in Australia, UK, Germany, France and Singapore, 2015

³http://www.housekeepingchannel.com/a_783-Do_Toilets_Sneeze

