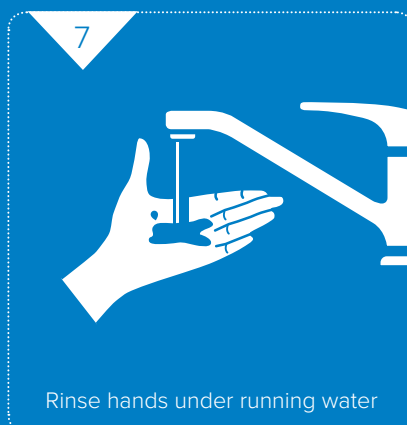
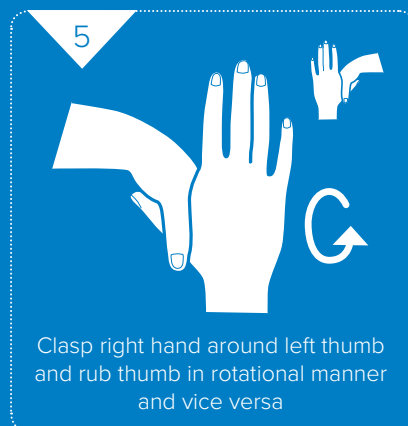
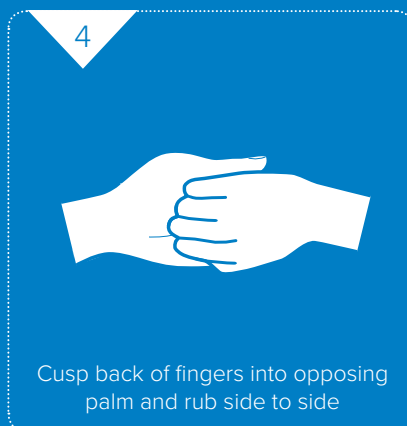


# Recommended hand hygiene steps to prevent the spread of viruses

Scientists around the world are currently looking into transmissibility and severity of the (2019-nCoV), but until more is understood, there are hand hygiene behaviours that we can and should adopt that are proven to be effective against the spread of viruses. Follow these simple steps:



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